



THE VILLAGE AT RAINBOW STATION - AN AFTERSCHOOL PROGRAM  
WWW.RAINBOWSTATIONAUSTIN.ORG PH: 5122609700

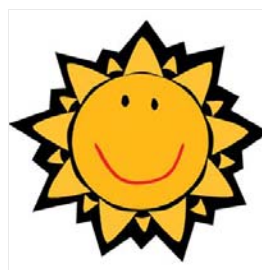
# Village Voyager

## A word from the Mayor

Summer is flying by! Can you believe we are already starting our second month of summer camp! June was filled with so many exciting activities. Our annual Father's Day Party was a huge success! The "Minute to Win It" competition was enjoyed by many on The Village Green. Everyone also made cute craft projects and enjoyed wonderful snacks!

July will be filled with even more exciting Summer Camp events! Villagers love the mini courses that are going

on each week. Each tribe is also working hard to make sure they are the winners of the tribe challenges at the end of each week! Also, the pool is a great getaway where the



children love to cool off! Everyone definitely looks forward to the weekly field trips that we take each Thursday.

Please remember that Rainbow Station will

be closed on Monday, July 5th in observance of Independence Day. I hope everyone has a safe and festive holiday!

I will be sending the afterschool enrollment interest letter this month. Please make sure to fill out the form and reserve your space!

I am looking forward to a great July and to continuing our wonderful Summer Camp journey!

*Casey*

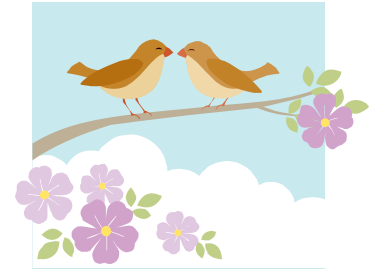
### Important dates to remember:

- 7/5** Rainbow Station closed for Independence Day
- 8/11** Ramadan begins
- 8/17** Parent Date Night
- 8/18** Village End of Year Summer Camp Picnic
- 8/19-8/20** Closed for Teacher In-Service
- 8/19** Rainbow Station Village Open House
- 8/23** First Day of Village Afterschool Program

# Summer Reminders

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- Outside play time is an important part of your child's day at The Village. Please remember to send your child appropriately dressed in tennis shoes each day.
- Remember to always sign your child in and out at the computer located near the entrance doors.
- Please apply sunscreen to your child before leaving home in the morning. We will reapply during the day.
- Please keep extra clothing in your child's locker.
- Children may only attend field trips wearing the orange Rainbow Station T-shirt.



## Curriculum Corner: Value of the Month-Enthusiasm

### Value of the Month

The Value for July is Enthusiasm. Enthusiasm is about having a positive attitude. With any given situation it is our attitude that determines whether we will enjoy life's

circumstances or feel negative about them. When we look for the positives in each situation we naturally tend to have the feelings of excitement and enthusiasm.

One of the real hallmarks of enthusiasm is that it is contagious. The energy that is exuded by naturally being enthusiastic helps affect everyone around in a very positive way. So this month we are looking for children who have their heads turned up and

who are choosing to be optimistic and excited though out the various activities that Rainbow Station has to offer.

### **MVV Highlight**

For last months value of cooperation we had several high contenders. The award for Most Valuable Villager of the month is Jaylen S. and Abhinav M. Congratulations to them for being outstanding cooperators as they are definitely helping make the village

### **Brief Weekly Theme Highlights Recap**

**Week 1-Hawaii:** Learned how to hula and about the traditional Hawaiian culture. We took a

field trip to Sweet Berry Farms wher had a great time going through the maze and picking berries..

**Week 2-Alaska:** learned about glaciers and pipelines. The children enjoyed the field trip to Chaparral Ice Rink.

**Week 3-Northeast:** Learned about deep seas and the northeastern geography. Our field trip was to the Aquarena Center where we learned about natural springs and had an incredible glass bottom boat view of the aquatic life.



# Nurse's Note: By Cindy Hughes

Did you know that injuries are the leading cause of death of children younger than 4 years in the United States? Most of these injuries can be prevented.

Often, injuries happen because parents are not aware of what their children can do. At this age your child can walk, run, climb, jump, and explore everything. Because of all the new things he or she can do, this stage is a very dangerous time in your child's life. It is your responsibility to protect your child from injury. Your child cannot understand danger or remember "no" while exploring.

## Firearm Hazards

Children in homes where guns are present are in more danger of being shot by themselves, their friends, or family members than of being injured by an intruder. It is best to keep all guns out of the home. Handguns are especially dangerous. If you choose to keep a gun, keep it unloaded and in a locked place, with the ammunition locked separately. Ask if the homes where your child visits or is cared for have guns and how they are stored.

## Poisonings

Children continue to explore their world by putting everything in their mouths, even if it doesn't taste good. Your child can *open doors and drawers, take things apart, and open bottles* easily now, so you must use safety caps on all medicines and toxic household products. Keep the safety caps on at all times or find safer substitutes to use. Contact your Poison Center for more information.

Your child is now able to get into and on top of everything. Be sure to keep all household products and medicines completely out of sight and reach. Never store lye drain cleaners in your home. Keep all products in their original containers.

If your child does put something poisonous into his or her mouth, call the Poison Help Line immediately. Attach the Poison Help Line number (1-800-222-1222) to your phone. Do not make your child vomit.

## Falls

To prevent serious falls, lock the doors to any dangerous area. Use gates on stairways and install operable window guards above the first floor. Remove sharp-edged furniture from the room your child plays and sleeps in. At this age your child will walk well and start to climb, jump, and run as well.

A chair left next to a kitchen counter, table, or window allows your child to climb to dangerously high places. Remember, your child does not understand what is dangerous.

If your child has a serious fall or does not act normally after a fall, call your doctor.



## Burns

The kitchen is a dangerous place for your child during meal preparation. Hot liquids, grease, and hot foods spilled on your child will cause serious burns. A safer place for your child while you are cooking, eating, or unable to give him your full attention is the playpen, crib, stationary activity center, or buckled into a high chair. It's best to keep your child out of the kitchen while cooking.

Children who are learning to walk will grab anything to steady themselves, including hot oven doors, wall heaters, or outdoor grills. Keep your child out of rooms where there are hot objects that may be touched or put a barrier around them.

Your child will *reach* for your hot food or cup of coffee, so don't leave them within your child's reach. NEVER carry your child and hot liquids at the same time. You can't handle both.

If your child does get burned, immediately put cold water on the burned area. Keep the burned area in cold water for a few minutes to cool it off. Then cover the burn loosely with a dry bandage or clean cloth. Call your doctor for all burns. To protect your child from hot tap water scalds, the hottest temperature at the faucet should be no more than 120°F. In many cases you can adjust your water heater.

Make sure you have a working smoke alarm on every level of your home, especially in furnace and sleeping areas. Test the alarms every month. It is best to use smoke alarms that use long-life batteries, but if you do not, change the batteries at least once a year.



## Drowning

At this age your child loves to play in water. NEVER leave your child alone in or near a bathtub, pail of water, wading or swimming pool, or any other water, even for a moment. Empty all buckets after each use. Keep the bathroom doors closed. Your child can drown in less than 2 inches of water. Knowing how to swim does NOT mean your child is safe near or in water. Stay within an arm's length of your child around water.

If you have a swimming pool, fence it on all 4 sides with a fence at least 4 feet high, and be sure the gates are self-latching. Most children drown when they wander out of the house and fall into a pool that is not fenced off from the house. You cannot watch your child every minute while he or she is in the house. It only takes a moment for your child to get out of your house and fall into your pool.



## Remember Car Safety

Car crashes are a great danger to your child's life and health. The crushing forces to your child's brain and body in a crash or sudden stop, even at low speeds, can cause severe injuries or death. To prevent these injuries USE a car safety seat EVERY TIME your child rides in the car. Your child should ride rear facing until she is at least a year old AND weighs at least 20 pounds. It is even better for her to ride rear-facing to the highest weight and/or height her car safety seat allows. Be sure that the safety seat is installed correctly. Read and follow the instructions that come with the car safety seat and the instructions for using car safety seats in the owners' manual of your car. The safest place for all infants and children to ride is in the back seat.

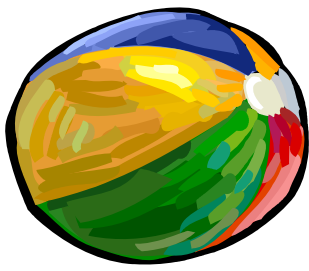
***Do not leave your child alone in the car. Keep vehicles and their trunks locked. There are dangers involved with leaving children in a car; death from excess heat may occur very quickly in warm weather in a closed car.***

# Celebrations: We wish you a very Happy Birthday!!!

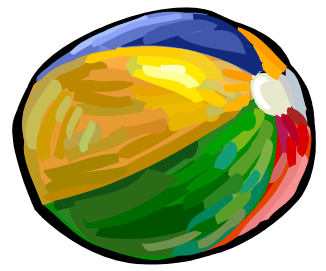
7/13: Jaylen S. 8 years


7/18: Christian P. 7 years





# July 2010



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Graham Crackers and Preserves, Milk  Chicken Ala King, Edamame, Peaches, Milk  Pudding	2 Blueberry Muffin, Milk  Baked Ziti, Mixed Vegetables, Fruit Salad, Milk (V)  Pretzels	3
4	5 <b>Closed for the 4th of July</b> 	6 Bagels with Cream Cheese, Milk  Spanish Rice, Pinto Beans, Peaches, Milk (V)  Fruit Sherbet	7 Baked Apples, Milk  Fish Sticks, Green Beans, Apples, Milk  Goldfish	8 French Toast Sticks, Milk  Steak Fingers, Corn, Pears  Trail Mix	9 Hard Boiled Eggs, Milk  5 Layer Salad, Beans, Guacamole, Cheese, Olives, Shredded Lettuce, Tomatoes, Corn Chips, Fruit Medley, Milk (V)  Cheese Stick	10
11	12 Cheese and Crackers, Milk  Turkey Sandwich, Baked Lays, Tropical Fruit  Fruit Pop	13 Blueberry Muffin, Milk  Spaghetti with Marinara, Green Beans, Pineapple Tidbits (V)  Pudding Cup	14 Cheese Quesadilla, Milk  Tuna Salad, whole wheat crackers, Mandarin Oranges  Animal Crackers	15 Cheerios, Milk  Frito Pie, Tossed Salad, Peaches, Milk  Teddy Grahams	16 Breakfast Bars, Milk  Bean Burrito, Corn, Fruit Medley, Milk (V)  Oatmeal Cookie	17
18	19 Rice Chex Cereal, Milk  Chicken Nuggets, Corn, Tropical Fruit  Cheese & crackers	20 Bagels and Apricot Preserves, Milk  Lentils and Rice, Plain Yogurt, Whole Wheat Rolls, Mandarin Oranges, Milk (V)  Vanilla Wafers	21 Banana, Milk  Chicken Tetrizzini, Broccoli, Pears, Milk  Ritz Snack Mix	22 Fruit Yogurt, Milk  Beef Macaroni Bake, Tossed Salad, Pineapple Tidbits  Cheese Stick	23 Graham Crackers, Preserves, Milk  Cheese Quesadilla, Pinto Beans, Fruit Medley, (V)  Ice Cream Cup	24
25	26 Biscuit and Jelly Milk  Fish Sticks, Green Beans, Mandarin Oranges, Milk  Banana	27 Apple Muffins, Milk  Egg Salad Sandwich, Sun Chips, Apples (V)  Goldfish Crackers	28 Waffles with Strawberries, Milk  Tuna Noodle Salad, Baby Carrots, Pineapple, Milk  Ritz Bitz	29 Nutri-grain Bar, Milk  Hamburger on a Bun, Sliced Cucumbers, Tropical Fruit, Milk  Fruit Pops	30 Corn Flakes, Milk  Cheese Ravioli, Spinach Salad Fruit Medley (V)  Trail Mix	

All Juices are 100% fruit juice, Vegetarian menu on Tuesdays and Thursdays, Milk is 2% except Infants and Red room



School Calendar July 2010 – June 2011

11651 W. Parmer Lane Cedar Park, Texas 78613 ph: 512-260-9700 fax: 512-260-9702

July 2010							January 2011						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
				1	2	3							1
4	5	6	7	8	9	10	2	3	4	5	6	7	8
11	12	13	14	15	16	17	9	10	11	12	13	14	15
18	19	20	21	22	23	24	16	17	18	19	20	21	22
25	26	27	28	29	30	31	23	24	25	26	27	28	29
							30	31					
August 2010							February 2011						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6	7			1	2	3	4	5
8	9	10	11	12	13	14	6	7	8	9	10	11	12
15	16	17	18	19	20	21	13	14	15	16	17	18	19
22	23	24	25	26	27	28	20	21	22	23	24	25	26
29	30	31					27	28					
September 2010							March 2011						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
			1	2	3	4			1	2	3	4	5
5	6	7	8	9	10	11	6	7	8	9	10	11	12
12	13	14	15	16	17	18	13	14	15	16	17	18	19
19	20	21	22	23	24	25	20	21	22	23	24	25	26
26	27	28	29	30			27	28	29	30	31		
October 2010							April 2011						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
					1	2						1	2
3	4	5	6	7	8	9	3	4	5	6	7	8	9
10	11	12	13	14	15	16	10	11	12	13	14	15	16
17	18	19	20	21	22	23	17	18	19	20	21	22	23
24	25	26	27	28	29	30	24	25	26	27	28	29	30
31													
November 2010							May 2011						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
	1	2	3	4	5	6	1	2	3	4	5	6	7
7	8	9	10	11	12	13	8	9	10	11	12	13	14
14	15	16	17	18	19	20	15	16	17	18	19	20	21
21	22	23	24	25	26	27	22	23	24	25	26	27	28
28	29	30					29	30	31				
December 2010							June 2011						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
			1	2	3	4				1	2	3	4
5	6	7	8	9	10	11	5	6	7	8	9	10	11
12	13	14	15	16	17	18	12	13	14	15	16	17	18
19	20	21	22	23	24	25	19	20	21	22	23	24	25
26	27	28	29	30	31		26	27	28	29	30		

Holidays/International Holidays
  Rainbow Station Closed
  Celebrations/Events at Rainbow Station
  Rainbow Station closes early